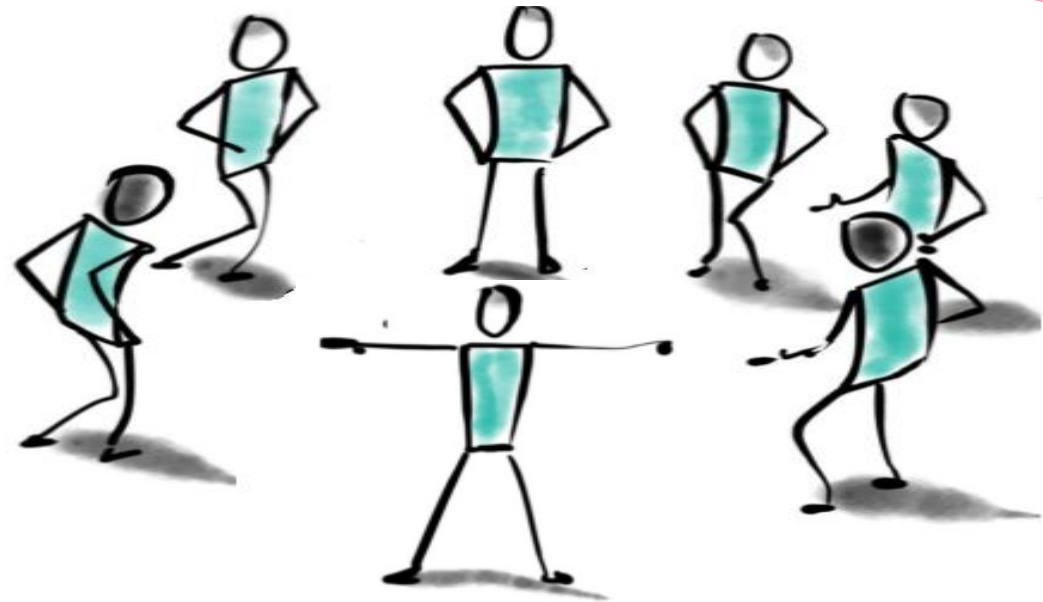


### how to set up:

- Use a suitable, safe space to work in.



### how to play:

- Play in pairs or small groups.
- The first player must perform a gymnastic move (balance, jump, key shape or roll).
- The next person must perform the first move, then add one of their own.
- Players must continue repeating the moves from the beginning and adding one on each time.