


Orienteering Knowledge Organiser

	<p style="text-align: center;">DECLARATIVE KNOWLEDGE - Displaying factual knowledge:</p>	<p style="text-align: center;">PROCEDURAL KNOWLEDGE - Can practically demonstrate how to apply their knowledge:</p>
<p style="text-align: center; font-size: 2em;">KS1</p>	<ul style="list-style-type: none"> • Understand what a compass is used for and be able to use the direction points. • Has knowledge of safety rules and procedures for taking part in orienteering events. • Begin to problem solve with others. 	<ul style="list-style-type: none"> • Move in different directions and a variety of different ways. • Introduction to map reading. Be able to use some basic features on a map to select and plan a route. • Begin to understand the competitive side of orienteering and take part in a picture orienteering event, following rules, and playing fairly. • Begin to plan how to solve problems and problem solve with others. • Participate in competition with others, completing a simple orienteering event
<p style="text-align: center; font-size: 2em;">LKS2</p>	<ul style="list-style-type: none"> • Recognise that activities need thinking through and planning. • Have knowledge of safety rules and procedures for taking part in orienteering event. 	<ul style="list-style-type: none"> • Recognise where you are on a map. • Demonstrate all the physical skills needed for orienteering: agility, balance, and co-ordination. • Move confidently in different ways, developing agility, balance, and co-ordination. • Participate in competitive orienteering events, following instructions of the game • Develop a basic understanding of map reading/making and apply these skills and techniques in games.
<p style="text-align: center; font-size: 2em;">UKS2</p>	<ul style="list-style-type: none"> • Understand relevant techniques to navigate to and from control points. • Understand elements and scaling confidently. • Identify what they have done well and adapt plans for future challenges. Plan strategies to complete tasks. Choose sensible skills and approaches for the challenge. 	<ul style="list-style-type: none"> • To orientate themselves and map correctly keeping track of their position with increasing accuracy. • Work within a team trusting and valuing each other. • Develop communication skills and use these skills to achieve success. • Make a map with symbols and legend and begin to understand scale. • Compete in orienteering events, problem solving with team members. • Build confidence during team activities. • Takes part in orienteering events, such as picture orienteering and control orienteering, with success. • Use a map to confidently orientate yourself around - Use previous knowledge to navigate and design a route to the controls. • Develop map reading and map building skills. • Develop physical fitness and be able to describe its importance in orienteering.

