


Basketball Knowledge Organiser

	<p>DECLARATIVE KNOWLEDGE - Displaying factual knowledge:</p>	<p>PROCEDURAL KNOWLEDGE - Can practically demonstrate how to apply their knowledge:</p>
<p>KS1</p>	<ul style="list-style-type: none"> • React to situations to make it difficult for opponents – using simple tactics. E.g. Move to defend a goal. • Understand how to play in a safe way. • Understand and describe changes to your heart rate when playing a game. 	<ul style="list-style-type: none"> • Explore different ways to use, move and send the ball. • Develop skills such as sending an object to a target, catching, and gathering, rolling and basic ball control. • Show good awareness of others when playing games. • Perform a range of actions with the ball keeping it under control.
<p>KS2</p>	<ul style="list-style-type: none"> • Explain how your body reacts and feels when taking part in different activities and undertaking different roles. • Learn how to evaluate and recognise success, explain why a performance is good. • Understand how physical activity can contribute to a healthy lifestyle. • Create short warm up routines that follow the basic principles e.g. raising body temperature, mobilise joints and muscles. Understand how to improve in different physical activities and sport. 	<ul style="list-style-type: none"> • Perform skills (e.g. passing) with accuracy, confidence and control, and increasing speed. • Work effectively as part of a team and keep possession of the ball when faced with opponents. • Apply basic principle for attacking – Using skills to keep possession of the ball. • Begin to apply defending principles in games; communicating well as a team to regain possession of the ball. • Use the defending principles in game situations, including marking, tracking and covering, to gain possession. • Choose different formations to suit the need of the game. • Use different skills to keep possession of the ball. Develop control whilst performing skills at speed. • Show good awareness of others in game situations and work effectively as a team, adapting games if needed so everyone has a role to play.

