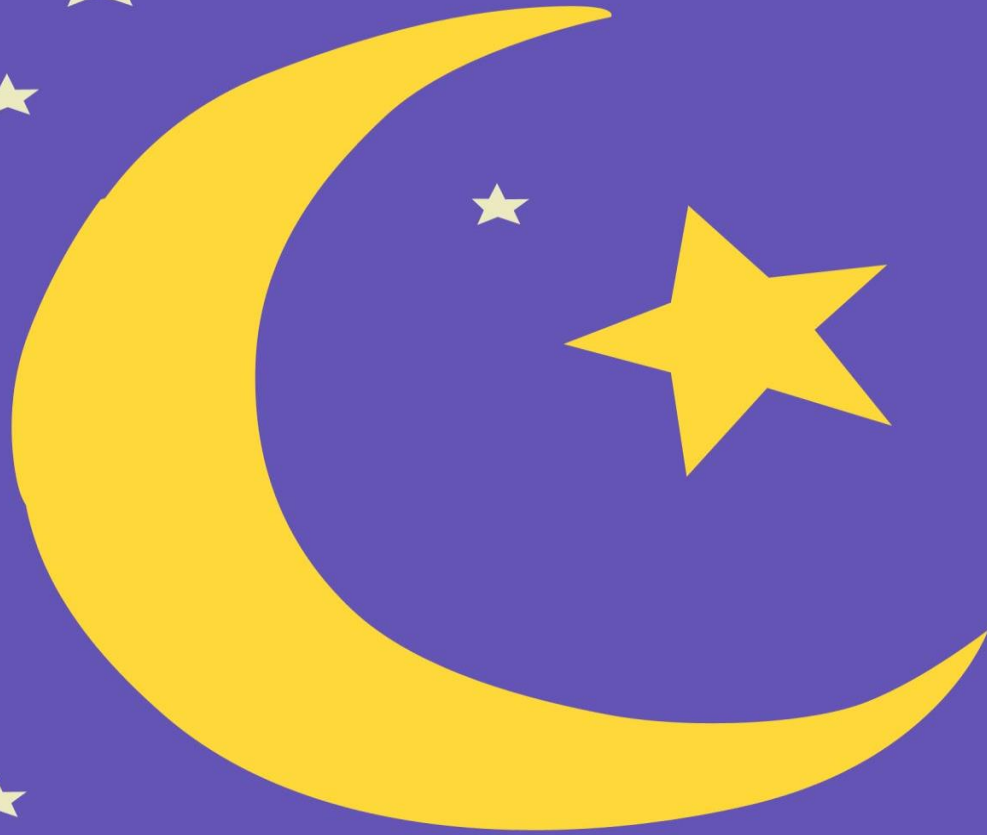




Islam: Ramadan and Eid

Learning Focus:

- AT1- Learning about religion
 - i – Beliefs , teaching and sources
 - ii – celebration and ritual
 - iii – social & moral practices & way of life
- AT2 – Learning from religion
 - i- engagements with own & others beliefs and values.
 - ii – engagement with questions of meaning.



Ramadan

An Islamic Festival





When is Ramadan Celebrated?

Ramadan is in the ninth month of the Islamic lunar calendar. The Islamic calendar is based on the moon rather than the sun although it has 12 months like the Western calendar.

The **Qur'an** was first revealed to the prophet Muhammad during this month. The actual night that the Qur'an was revealed is a night known as **Lailat ul-Qadr** ('The Night of Power'); Muhammed was told to learn the whole book by heart!

Ramadan Dates:

- **2013:** July 9 - August 7
- **2014:** June 28 to July 27
- **2015:** June 18 to July 16
- **2016:** June 6 – July 5
- **2017:** May 26 to June 24
- **2018:** May 16- June 14
- **2019:** May 5 – June 4
- **2020:** April 23- May 23
- **2021:** April 12 – May 12





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What is Ramadan?

Ramadan is a very important time for Muslims; Ramadan is celebrated all over the world.

During Ramadan, Muslims request forgiveness for sins in the past, pray for direction and try to cleanse themselves through self-control and great acts of faith.

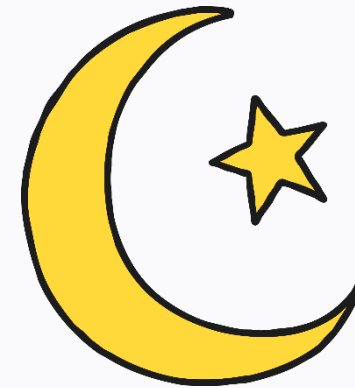
Restraint from everyday enjoyment is considered an act of obedience to God, as well as making amends for mistakes.

Ramadan is a time for Muslims to pray (**salat**) more than normal.

It is a time of fasting for the Islamic people; Fasting is one of the **Five Pillars** or duties of Islam.

<http://www.bbc.co.uk/education/clips/zyr76fr>

<http://www.bbc.co.uk/education/clips/z434wmn>





Celebrating Ramadan

Muslims try to give up bad habits during Ramadan, and some will try to become better Muslims by praying more or reading the Qur'an.

Many Muslims will attempt to read the whole of the Qur'an at least once during the Ramadan period. Many will also attend special services in mosques.

Fasting is intended to help teach Muslims to focus their attention on God, be self-disciplined and generous. It also reminds them of the suffering of the poor, who may rarely get to eat well. The prophet Muhammad set the example of fasting.

Each day during this month, Muslims all over the world abstain from eating, drinking and 'ill-natured' activities such as watching television, from dawn until the sun sets.





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What Is It like to Fast?

No eating or drinking during day light hours.

Fasting begins very early in the morning.

The morning meal is very filling. This meal is called Suhoor; High energy foods such as yogurts, cheese and honey are eaten.

People slow down as the day goes on.

At the end of the day after sunset the families all eat together and celebrate their day of fasting. This meal is called Iftar.



Fasting During Ramadan

Some people do not fast during Ramadan:

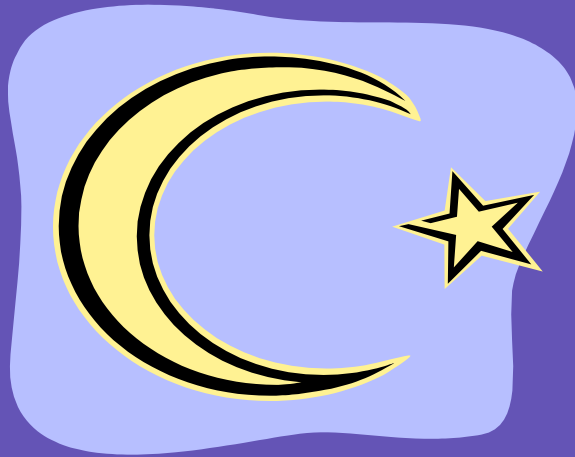
- Pregnant ladies
- Children under 10
- Old people
- Muslim soldiers
- Ill people

If you cannot fast, you must donate money to feed the poor people.

This is known as **Zakah**.



What happens at the end of Ramadan?





**How would you feel
having to fast?
What would be the meal
you would choose to eat
after a month of fasting?**





After Ramadan:

At the end of a month of fasting, Muslims celebrate Eid. It is a festival where Muslims celebrate being able to 'break' the fast.

Muslims are not only celebrating the end of fasting, but **thanking Allah** (God) for the help and strength that he gave them throughout the previous month to help them practice self-control.



The background is a solid blue color. It features several decorative elements: a large, intricate white calligraphic design of a hand with fingers spread, positioned on the left side; a crescent moon and a five-pointed star in the top right corner; and a white calligraphic design of a book or scroll with Arabic text, located in the bottom right corner. The central text is in a white, sans-serif font.

<http://www.bbc.co.uk/education/clips/zkgkq6f>

Watch the clip

The background is a solid blue color. It features several decorative elements: a large, intricate henna pattern on the left side, a crescent moon and star in the top right corner, and a smaller henna pattern in the bottom right corner. A white rectangular box with a thin black border is centered on the page, containing the text.

**How do Muslims usually say
“Happy Eid”?**

Eid Mubarak!



When does Eid ul-Fitr start?

At the end of Ramadan



The background is a solid purple color. It features intricate golden henna patterns: a hand on the left, a sleeve at the top, and a prayer mat at the bottom right. A golden crescent moon and star are in the top right corner.

**What do Muslims do when they
wake up on Eid?**

**Go to the Mosque to say
prayers**

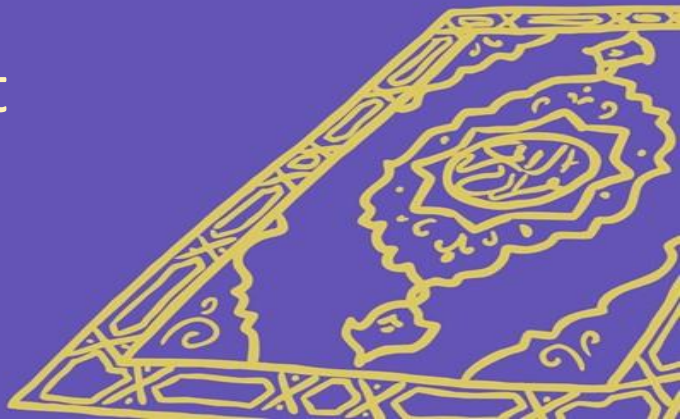
The background is a solid blue color. It features several decorative elements: a large, intricate henna pattern on the left side, a crescent moon and a five-pointed star in the top right corner, and a smaller henna pattern in the bottom right corner. The text is centered in the upper half of the image.

What is an Eidi? (Or Eidiya?)

**A gift, usually money, given to children
during Eid**



What do Muslims think about during Eid?

- Empathy (understanding how someone else is feeling) for the less fortunate, is an important part of Ramadan.
 - During Ramadan and Eid, Muslims often give money to charity, because Muslims have just had a month of knowing what it feels like to be hungry.
- 



Eid ul Fitr

The end of Ramadan is a big celebration called 'Eid-ul-Fitr': **Festival of the Breaking of the Fast.**

Muslims are celebrating the end of fasting and thanking Allah for the strength that he gave them throughout Ramadan.

There are special services, processions and a special celebratory meal eaten during daytime.

Muslims dress in their finest clothes, give gifts to children and spend time with their friends and family.

During Eid, it is obligatory to give money to charity to help poor people buy new clothes and food so that, they too, can celebrate.



عيد سعيد
Happy Eid

لَعَنَ عَمَلُ



TASK- what happens during Eid?

- You can use or template or create your own design for an Eid card.
- Inside I would like you to write what you have learnt about the celebration of Eid-ul-Fitr and Ramandan
- Use these questions to help you:
 - How do you think Muslims feel when they celebrate Eid-ul-Fitr?
 - What activity links Eid-ul-Fitr to Ramadan?
 - Why is Eid a good opportunity for Muslims to renew their faith?
 - What do Muslims thank Allah for?
 - What does Eid-ul-Fitr mean?

