Relationships and Sex Education Policy: A Summary

We have recently updated our Relationships and Sex Education (RSE) policy to ensure that we are in line with statutory guidance. This summary will hopefully outline what is involved in the policy.

Background

All schools have a statutory duty to teach Relationships and Sex Education. As a Catholic school, we also have a duty to ensure that this is in line with guidance set out by the Bishops Conference.

Curriculum Content

The school uses the 'A Journey in Love' scheme to teach RSE. In addition, we also use an episode of 'Operation Ouch!: Puberty Special' to share with older children. Below outlines the aims of the 'A Journey In Love' scheme has for each year group.

So lated Graden Nas and authoria. Wat a stored by pact borrow.	
Year Group	Curriculum Content
Reception	To recognise that we are all different and unique.
	To recognise the joy of being a special person in my family.
Year One	Focus on families. Focus on growing up in a loving, secure and stable home.
Year Two	To describe how we are growing and developing in diverse communities that are God-given.
Year Three	To describe and give reasons for how we grow in love in caring and happy friendships where we are secure and safe.
Year Four	To make links and connections to show that we are all different. To celebrate these differences as we appreciate that God's love accepts us as we are now and as we change.
Year Five	To show a knowledge and understanding of how we grow in awareness of the physical and emotional changes that accompany puberty—sensitivity, mood swings, anger, boredom etc and grow further in recognising God's presence in our daily lives.
Year Six	To develop a secure understanding of what stable, caring relationships are and the different kinds there may be.
	Focusing on Catholic teaching, children will also know and understand about the conception of a child within marriage.

The Role of Parents / Carers

The policy makes it clear that the school and Church recognises that parents / carers are the first and primary educators of their children and that it is their right and responsibility to inform and educate their children in matters relating to human relationships and sexual development. Parents / carers have a right to withdraw children from Sex Education lessons— except for elements required to be taught by the National Curriculum for Science. In the unlikely event that a parent / carer wishes to withdraw their children, they are asked to notify the school by contacting the headteacher.

Any Questions?

If you have any queries or questions related to the RSE Policy, please contact the school office. Thank you for your support and help.