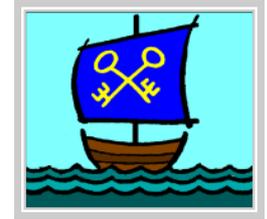


# ST PETER'S CATHOLIC PRIMARY SCHOOL

## Newsletter



Friday 25<sup>th</sup> September 2020

Tel. 01273 454066

Email : [office@stpetersshoreham.co.uk](mailto:office@stpetersshoreham.co.uk)

Headteacher : Mrs K J Crees MA BEd (Hons)

Please visit the school website [www.stpeterscatholicprimary.com](http://www.stpeterscatholicprimary.com) for dates for the full academic year, together with other information about the school that you may find useful. Dates on the website are subject to change, possibly at short notice, due to the covid situation.

### **This Week**

We have been talking to the children about mental health. In order to maintain mental wellbeing, we need to ensure that we stay connected with communities and groups, keep learning in school, keep active, take notice of what is going on around us and give time and support to others. All of these things help us to achieve a balance that promotes wellbeing.

Whilst the children have returned full of enthusiasm, many are a little anxious after the strain of lock down. We will be working with them to focus on each of the mentioned key areas. This week, we talked about connecting with communities. Cavell House, a local care home, has been in touch and has asked for pictures and cards to cheer up the residents. This is something that we are going to do in school. The children were interested to hear how Cavell House has managed over the past few months. We have been told that they have done extremely well and we pray that this continues. Whilst they have remained safe and well, they miss contact so we are going to help. We will keep you posted.

Reception have done an amazing job at settling in. As have our new pupils in other year groups. We welcome them and their families.

I spotted the children in reception drawing volcanoes in the hall during a "write dance" session. They remained completely on task and I have also heard that they were amazing in PE. High praise indeed from Mrs Hodge.

Year 1 read a very funny alien poem to me yesterday and could even explain why parts of it were written in capitals! Miss Smith's class continue to impress with their expert knowledge on pirates. Not only could they tell me why Blackbeard was a rather unpleasant character, they even made suggestions on how the school's behaviour policy could be adapted to suit his ship.

Year 3 could be seen dancing like professionals in the hall. They had put together a wonderful routine with Miss Gallagher.

Year 4 produced some quality science work this week and still managed to find the time to make Ancient Egyptian toothpaste!

Miss Stubberfield continues to sing year 5's praises. They have created a time line of historical events across the classroom floor, which seems to be taking over the room!

Year 6 are working extremely hard in literacy and numeracy. Mr English reports that they "couldn't be nicer"! Their pencil sketches of Brighton landmarks are just wonderful. Some can be found on Twitter. @stPsShoreham

We have managed to determine that our beginning and end of day arrangements work in the event of wet weather. Whilst we fully appreciate it is challenging for those of you bringing more than one child to school, we ask that you aim to stick to times as best as you can. Please arrive for the earliest time slot that applies to your children. We need to avoid waiting on the playground where at all possible. Younger children, without siblings at St Peter's do not need to arrive at 8.30am. We open the gates at 8.30am to avoid key stage two children waiting in Eastern Avenue.

Having said that, once again I am grateful for your ongoing support. It is really having an impact. I hope that you all have a peaceful weekend.

### Individual Photos

The photographer will be coming to school on Thursday 8<sup>th</sup> October to take individual children's photos. Unfortunately, this year, we will be unable to offer sibling groups. However, the photographer has said he may be able to offer parents a deal on purchasing one or more individual photos. Further information to follow.

### Reception to Year 6 Influenza Nasal Spray Vaccination 2020

The Influenza nasal spray vaccination is offered routinely to all children in year groups Reception to Year 6 in primary schools across East and West Sussex, as part of the national programme for vaccination of children and young people. Your child will be offered the Influenza vaccine that is given as a simple spray up the nose. It is painless and quick. By having this vaccination your child will protect others at risk from flu and help reduce pressure on the NHS. The vaccination will be given by a nurses from the Sussex Community NHS Foundation Trust on Tuesday 10<sup>th</sup> November during school time. Parent consent forms have been sent out with your child this week – please complete and return to the school office at your earliest convenience. Thank you.

### Harvest Festival

This year we will be celebrating Harvest with each class. Unfortunately, we are not able to open this up to parents and cannot share live links to classes for obvious reasons. On Friday 9<sup>th</sup> October, we ask that children come in to school wearing non-uniform (home clothes) and bring a monetary donation which will be given to Cafod. Cafod is an international development charity and the official aid agency of the Catholic Church in England and Wales. They reach out to people living in poverty with practical help, whatever their religion or culture, through their global Church network.



### Free School Meals (FSM) Eligibility Criteria **\*\*\*IMPORTANT\*\*\***

From 1<sup>st</sup> April 2018 the Government are applying a change to the criteria for award of means tested Free School Meals (FSM).

The new criteria to be eligible for free school meals require that parents and carers are in receipt of one of the following benefits –

- Universal Credit with an annual net earned income of no more than £7,400
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part 6 of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- Working Tax Credit run-on (paid for the four weeks after you stop qualifying for Working Tax Credit)
- Child Tax Credit (with no Working Tax Credit) with an annual income of no more than £16,190



**Registering for free meals could also raise an extra £1,345 per child which can fund valuable support like extra tuition, additional teaching staff or after school activities. This funding is vital to the school, particularly at the moment so we urge you to apply. If you think your child(ren) may be eligible for free school meals, please contact Mrs Matthews in the school office.**

### Sunrise Breakfast Club

We are delighted that so many children are enjoying coming to our Sunrise Breakfast Club. The Breakfast Club is open every day from 7.45am and costs just £3.50 a session. Sessions can be booked and paid for using the online payment system sQuid. For further information please contact the school office. It is possible to pay for your child's sessions at Breakfast Club using childcare vouchers. We are currently registered with the following organisations – Fair Care Services Ltd, RG Childcare, Computershare Voucher Services, Edenred, Sodexo, KiddiVouchers, Fideliti, Salary Exchange, Gemelli Employee Benefits, Government Tax Free Childcare scheme. If you use another childcare voucher provider please let us know.





### **Best of Buddies**

Best of Buddies runs every afternoon after school from 3.30 – 5.30pm.  
For more information please contact Mrs Awedan Tel. 07923 318935  
or email [bofbuddies@gmail.com](mailto:bofbuddies@gmail.com)



Kind regards

K Crees

Mrs K Crees

Headteacher

*Neither the Governors nor WSCC support or recommend the advice, products or services offered nor the organisations offering them. Individuals should satisfy themselves on the suitability of any of the advice, products or services and on the nature and standing of these organisations (or any mentioned in this newsletter or any other publication).*



**Reaching  
Families**

Empowering families of children and  
young people with special educational  
needs and disabilities

## Autumn Workshops (first half term)

### **Making Sense of It All Foundation Course \*NEW\***

**Wednesday 30th September, 7th & 14th October 10.30am**

This new three-part course has been designed to provide an introduction to all the key issues and challenges common to parents and carers. It aims to empower parents of children who are undergoing or have recently undergone diagnosis but it will be helpful to any parents who would like to learn more about how SEND processes work.

### **Making Sense of Wellbeing \*NEW\***

This six session course includes a blend of wellbeing and mindfulness workshops designed to help you enhance your relationship with your child with SEND, build resilience, reduce stress and help you to relax.

*(each session can be attended as a stand alone but we would encourage you to attend all if you are able to)*

**Workshop: Active listening —Tuesday 15th September 7.15pm**

**Mindfulness: Listening to your inner experience—Tuesday 22nd September 7.15pm**

**Workshop: Problem solving —Tuesday 29th September 7.15pm**

**Mindfulness: Finding peace in the storm—Tuesday 6th October 7.15pm**

**Workshop: Positive thinking —Tuesday 13th October 7.15pm**

**Mindfulness: You are not your thoughts—Tuesday 20th October 7.15pm**

### **Making Sense of Transitioning Back to School**

**Wednesday 16th September 10.30am**

Looking at how children may be reacting to the return to school, covering many issues including separation anxiety and emotionally based school refusal; changes to the school environment; communication with and expectations from school; transitioning to a new setting and ongoing anxieties that children and parent-carers may be experiencing.

### **Making Sense of the Annual Review Process of an EHC Plan**

**Tuesday 22nd September 10.30am**

An overview of how the Annual Review process works including statutory timeframes, how the review meeting should be conducted and what happens afterwards, and when/how to request interim or emergency reviews.

### **Making Sense of Challenging Behaviour in Adolescence (11+)**

**Thursday 22nd October 7.30pm**

Exploring how your young person's brain works, how hormones and puberty impact upon our children, how we can support them and respond to challenging behaviour to achieve positive outcomes.

All of the workshops are free of charge and will be delivered online via Zoom.

For more information and booking please email [admin@reachingfamilies.org.uk](mailto:admin@reachingfamilies.org.uk) or visit

<https://www.eventbrite.co.uk/o/reaching-families-8261724058>

[www.reachingfamilies.org.uk](http://www.reachingfamilies.org.uk)



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