

## What does the word 'inspiration' mean to you?

## What does the word 'community'?



CAFOD was born when volunteer members of the National Board of Catholic Women organised the first Family Fast Day on Friday, March 11, 1960.

Two years later, CAFOD was officially registered. Since then we've continued to grow, alleviating poverty and working for global justice.



- What or who inspires CAFOD to do good in the communities they help?
- Where do they help?
- What do they do?
- What would you say is the mission of CAFOD?

## Your task:

**Good** will be thinking about an inspirational person, you will draw them and then write words that describe them as being inspirational and what they do that is inspirational. **Amazing** researching a person who has inspired the world with their humanitarian care and love ( there are some information sheets for you to use, design your own fact sheet about them).

- Talk about some of the things they did.
- Explain how they inspire you and others to act differently.

**Awesomes** researching a person who has inspired the world with their humanitarian care and love

- Talk about some of the things they did.
- Explain how they inspire you and others to act differently.
- Think about what inspired them to behave in this way and do good for others.